



Allergy Advice and Dietary Information

1. We have listed the Allergens which **are contained** in our dishes. Please refer to the abbreviations listed below.
2. Please note we are usually able to adapt most dishes to suit your personal requirements
3. Gluten free bread is available

(V) Vegetarian

(D) Dairy – Milk, Eggs, Cream

(G) Gluten – Flour, Wheat, Biscuits, Bread,

(F) Fish – Salmon, Haddock

(C) Crustaceans – Prawns

(M) Molluscs – Squid, Octopus, Mussels, Cockles

(Md) Mustard – English, Dijon mustards

(Ce) Celery

(N) Nuts – including peanuts

(SS) Sesame Seeds

(SOx) Sulphur Dioxide (Salt)

Local Suppliers Used in Café Bowes

Inshore Fisheries

McFarlane Family Butchers

Yorkshire Quality Foods

City Fresh

Cakes & Bakes by Laura

For further information please do not hesitate to speak with a member of our team

Sunday Menu

Breakfast served until 12.00

- Breakfast Rolls** (D) (G) (N) **£4.95**
Choose from Cumberland Sausage or McFarlane's Black Treacle Cured Bacon or Fried Free-Range Eggs
- Full English** (D) (G) (N) (SOX) **£7.50**
McFarlane's Black Treacle Cured Bacon, Cumberland Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans
- Eggs Anyways** (D) (G) (N) **£4.95**
Scrambled, Poached or Fried Eggs served on Toast
- Vegetarian Full English** (D) (G) (N) (SOX) **£7.50**
Bacon, Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans
- Eggs Benedict, Florentine or Royale** (D) (G) (F) (Md) (SOX) **£6.50**
Toasted Brioche with Ham, Spinach or Smoked Salmon, Topped with Poached Free-Range Eggs & Hollandaise Sauce
- Smoked Salmon & Cream Cheese Bagel** (D) (G) (F) (SOX) **£6.50**
Served with Scrambled Free-Range Eggs
- Smashed Avocado Sourdough** (V) (D) (N) (SOX) **£6.50**
Served with Poached Free-Range Eggs
- Porridge** served as you like it (V) (D) (SOX) **£3.00**
- Pancakes** (D) (G) (N) (SOX) **£4.50**
With Streaky Bacon and Maple Syrup

Lunch served 12.00 – 2.30

- Traditional Sunday Roast** (D) (G) (Ce) (N) **£9.95**
Choice of Meat, Yorkshire Pudding, Roast Potatoes & Mixed Seasonal Vegetables
- Children's Sunday Roast** (D) (G) (Ce) (N) **£6.95**
- Vegetable Wellington** (V) (D) (G) **£9.95**
Mediterranean Vegetables
- Yorkshire Rarebit** (D) (G) (Md) (N) **£7.95**
McFarlane's Black Treacle Cured Bacon, Slow Roast Tomato & Tomato Chutney served on Brioche
- Café Bowes Chowder** (D) (G) (F) (C) (M) (Ce) (N) (SOX) **£8.95**
Natural Smoked Haddock, Leeks, Peas, Sweetcorn, Potatoes, Prawns, Parsley & Roll

Hot Drinks

Fairtrade Coffee

Cafetière for 1	£2.95
Cafetière for 2	£4.75
Americano	£2.20
Cappuccino	£2.75
Latte	£2.75
Espresso	£1.90
Double Espresso	£2.35
<i>All available decaffeinated</i>	
<i>Soya Milk available on request</i>	

Tea

Premium Tea	£2.10
Decaffeinated Tea	£2.40
Earl Grey	£2.40
Green Tea	£2.40
Peppermint Tea	£2.40
Cranberry & Raspberry Tea	£2.40

Cadbury's Hot Chocolate

Hot Chocolate	£2.50
With Cream	£2.75
With Marshmallows	£2.75
With Cream & Marshmallows	£2.95

Soft Drinks

Blue Keld Mineral Water	£2.50
Still or Sparkling	

Traditionally Brewed Fentimans	£2.75
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Victorian Lemonade
Rose Lemonade
Seville Mandarin & Orange
Ginger Beer
Dandelion & Burdock
Wild English Elderflower

Coke/Diet Coke	£2.50
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Fairtrade Orange Juice	£2.50
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Fairtrade Apple Juice	£2.50
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Orange or Blackcurrant Squash	£1.00
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Alternative Alcoholic Beverages

Bottled Beer (500ml)	£4.25
Lager (330ml)	£3.75
Cider (568ml)	£4.25

Daily Menu

Breakfast Menu served 10.00 until 12.00

Breakfast Rolls (D) (G) (N) **£4.95**

Choose from Cumberland Sausage or McFarlane's Black Treacle Cured Bacon or Fried Free-Range Eggs

Full English (D) (G) (N) (SOX) **£7.50**

McFarlane's Black Treacle Cured Bacon, Cumberland Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans

Eggs Anyways (D) (G) (N) **£4.95**

Scrambled, Poached or Fried Eggs served on Toast

Vegetarian Full English (D) (G) (N) (SOX) **£7.50**

Bacon, Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans

Eggs Benedict, Florentine or Royale (D) (G) (F) (Md) (SOX) **£6.50**

Toasted Brioche with Ham, Spinach or Smoked Salmon, Topped with Poached Free-Range Eggs & Hollandaise Sauce

Smoked Salmon & Cream Cheese Bagel (D) (G) (F) (SOX) **£6.50**

Served with Scrambled Free-Range Eggs

Smashed Avocado Sourdough (V) (D) (N) (SOX) **£6.50**

Served with Poached Free-Range Eggs

Porridge served as you like it (V) (D) (SOX) **£3.00**

Pancakes (D) (G) (N) (SOX) **£4.50**

With Streaky Bacon and Maple Syrup

Soup served until 4.00 (D) (G) (N)

Homemade Soup of the Day with Bread **£4.95**

Sandwiches served until 4.00 **£5.95**

Served in Malted Bread with a Honey & Mustard Dressed Salad Garnish and Crisps

Home-Cooked Yorkshire Ham & Pease Pudding (D) (G) (N)

Mature Cheddar Cheese Savoury (V) (D) (G) (N)

Egg Mayonnaise (V) (D) (G) (N)

Ciabatta (White) **£6.50**

Served with a Honey & Mustard Dressed Salad Garnish

Tuna Crunch (D) (G) (N) (F)

Brie, Red Onion & Rocket & Sun-blushed Tomato (V) (D) (G) (N)

Croque Monsieur (D) (G) (Md) (N) (SOX) **£6.50**

Toasted Ham & Gruyère Sandwich, Fried until Golden

Club Sandwiches **£7.50**

Served in White Bread with a Honey & Mustard Dressed Salad Garnish

Chicken, McFarlane's Black Treacle Cured Bacon (D) (G) (N)

McFarlane's Black Treacle Cured Bacon, Lettuce & Tomato (D) (G) (N)

Advocado, Lettuce & Tomato (V) (D) (G) (N)

Smoked Salmon with Cream Cheese Bagel (D) (G) (F) (N)

Lunch Menu 12.00 – 2.30

Yorkshire Rarebit (D) (G) (Md) (N)	£7.95
McFarlane's Black Treacle Cured Bacon, Slow Roast Tomato & Tomato Chutney served on Brioche	
Café Bowes Chowder (D) (G) (F) (C) (M) (Ce) (N) (SOx)	£8.95
Natural Smoked Haddock, Leeks, Peas, Sweetcorn, Potatoes, Prawns, Parsley & Roll	
Rump Steak (D) (SOx)	£11.95
6oz Rump Steak, Grilled Tomato, Chips & Peppercorn Sauce	
Fish & Chips (D) (G) (F) (N)	£9.95
Black Sheep Battered Fish, Chunky Chips, Peas & Saffron Tartare Sauce	
Homemade Steak Burger (D) (G) (Md) (N)	£9.95
Brioche Bun, Baby Gem Lettuce, Beef Tomato served with Chunky Chips & Rocket Salad	
Carbonara (D) (G) (SOx)	£8.95
McFarlane's Black Treacle Cured Pancetta, Mushroom, Cream & Black Pepper	
Fishcake (D) (G) (M) (Md) (F) (C) (Ce) (N) (SOx)	£8.95
Parsley Sauce & Free-Range Poached Egg	
Corgettii (V) (SOx)	£7.95
Pesto, Tomatoes & Parmesan	
Salad	£7.95
Caesar (D) (G) (SOx)	
Grilled Chicken, McFarlane's Black Treacle Cured Bacon, Ciabatta Croutons, Baby Gem Lettuce, Parmesan Shavings & Caesar Dressing	
Prawn & Crab (D) (G) (F) (SOx)	
Ciabatta Croutons, Baby Gem Lettuce, Tomato, Cucumber, Marie Rose	
Beetroot & Goats Cheese (V) (D) (G) (SOx)	
Walnuts, Baby Gem Lettuce, Pickled, Poached & Roasted	

Side Orders **£1.95**

Chunky Chips (V)
Skinny Fries (V) (G)
Onion Rings (V) (G)
Garlic Bread (V) (D) (G) (N) (SOx)
Bread Basket (V) (D) (G) (N) (SOx)
Garden Salad (V) (Md)
Seasonal Vegetables (V)

Children's Menu 12.00 – 2.30

Tomato Linguine & Cheddar Cheese (V) (G)	£3.95
Homemade Burger (D) (G) (Md) (N)	£4.95
Carbonara & Garlic Bread (D) (G) (SOx)	£4.95
Chicken Nuggets, Chips & Beans (G) (N) (SOx)	£3.95
Jumbo Fish Fingers, Chips & Peas (G) (F) (N) (SOx)	£3.95

Café Bowes Afternoon Tea

£14.95

2.00 – 3.45 (D) (G) (F) (Md) (N) (SOx)

A Selection of Sandwiches, Dainty Desserts, Fruit Scone with Preserve & Clotted Cream, served with Premium Tea or Fairtrade Coffee

Home Bakes & Lighter Options

Homemade Mature Cheddar Cheese Scone (V) (D) (G) (Md) (N) (SOx) **£2.50**

Homemade Fruit Scone with Preserve (V) (D) (G) (N) **£2.50**

Toasted Teacake (V) (D) (G) (N) **£2.30**

Biscuits (V) (D) (G) (N) **from £1.50**

Cakes (V) (D) (G) (N) **from £2.95**

Thank you for visiting Café Bowes.

Don't forget you can follow sign up to our free monthly e-newsletter for updates and special offers.

Wine List

White Wine **175ml Bottle**
Touraine Sauvignon, 2013 **£4.75 £19.95**

Loire Valley, France

Fresh, classic green fruit style, notes of citrus & grapefruit.

Chardonnay, 2013 **£4.75 £19.95**

Domaine de Montmarin, Languedoc, France

No oak, just clean fresh apple characters & a hint of honeysuckle.

Picpoul de Pinet, 2014 **£4.75 £19.95**

Domaine de Sol, Languedoc, France

Slightly floral with green fruit & underlying citrus & lime.

Rosé Wine **175ml Bottle**

Pinot Grigio, Sentito, 2014 **£4.75 £19.95**

Italy

Refreshingly soft, fruity rosé, great with food.

Red Wine **175ml Bottle**

Cabernet Sauvignon, 2012 **£4.75 £19.95**

Chile

Cherry & raspberry with a hint of pepper.

Chateau La Roca, 2012 **£4.75 £19.95**

Cotes du Roussillon, France

Luscious blend of Syrah & Grenache, mature red autumn fruits, subtle spice, with smooth long lingering finish.

Merlot, 2013 **£4.75 £19.95**

Domaine de Montmarin, Languedoc/Roussillon, France

Delightfully soft, mellow plummy fruits. Simple well balanced.

125ml is available for all the above **£3.25**

Sparkling Wine **Bottle**

Prosecco **£24.95**

Delfina, Italy, NV

Aromatic apples & a soft delicate mousse.

Champagne
Jacques Boncoeur Brut NV **£29.95**

Dry in style with classic apple and citrus fruit flavours. Clean & refreshing with persistent bubbles.