

BREAKFAST AND LIGHT BITES

BREAKFAST

Served from 10am - 11:30am

(GF, D/DF, N)	
Homemade Granola	£6.95
Greek or Plant-Based Yoghurt, Fresh Fruit	
(G, E, S, Sb)	
Breakfast Bun	£7.20
Peat’s Sausage, Dry Cured Back Bacon or Fried Free-Range Egg. Choose your combination.	
(V, G, Cl, Sb)	
Veggie Breakfast Bun	£6.95
Vegetarian Sausage, Mushroom & Fried Free-Range Egg.	
(G, E, S, Sb)	
Full English	£11.20
Peat’s Sausage, Dry Cured Back Bacon, Black Pudding, Slow Roast Tomato, Flat Cap Mushroom, Fried Free-Range Egg, Beans & Toast.	
(V, G, E, S, Sb)	
Full Veggie	£10.75
Vegetarian Sausage, Slow Roast Tomato, Flat Cap Mushroom, Fried Free-Range Egg, Beans & Toast.	
(D, E)	
Classic Omelette	£9.75
Free Range Eggs, Gruyère Cheese, Chives	
With Ham	£10.75

HOMEMADE LIGHT BITES

Served from 10am - 4pm

(G, E, D, S, Mt) - Gluten Free Scones Available	
Homemade Mature Cheddar Cheese Scone	£3.75
(G, E, D, S) - Gluten Free Scones Available	
Homemade Fruit Scone	£3.75
With Raspberry or Strawberry Preserve	£4.20
With Clotted Cream & Preserve	£4.75
(G, D, L)	
Toasted Teacake	£3.50
(D, G, N)	
Freshly-Baked Cookie	£2.75
(G, E, D, S)	
Cakes & Traybakes	From £3.95

Please ask a member of staff for today’s delicious selection of cakes and traybakes.

Café Bowes aims to cater for all dietary requirements. Please tell us if you have any allergies or if we can adapt any of our dishes to suit your needs. We do have gluten free, vegan and vegetarian options.
(C)Crustaceans (Cl)Celery (D)Dairy (E)Eggs (F)Fish (G)Gluten (GF)Gluten Free (L)Lupin (M)Molluscs – Squid, Octopus, Mussels, Cockles (Mt)Mustard – English, Dijon, Wholegrain, French (N)Nuts (P)Peanuts (SS)Sesame Seeds (S)Sulphites (Sb)Soya Beans (Ve)Vegan

SOUP

Served from 10am - 4pm

(GF, D, Cl, S)	
Homemade Soup of the Day	£6.75
Olive Oil & Sea Salt Croutons, Warm Bread Roll.	
With a Cheese Scone	£8.75

SANDWICHES

Served from 10am - 4pm

All served on malted bread with dressed salad and crisps.

	Add a Cup of Soup	£3.50
(GF/G, D, S, Mt, Sb)		
Home Cooked Yorkshire Ham		£8.20
Our Own Pease Pudding, English Mustard Mayo & Rocket.		
(GF/G, D, S, Sb)		
Wensleydale Cheese		£7.95
Fruit Chutney, Watercress.		
(GF/G, D, E, S, Sb)		
Roast Topside of Peat’s Beef		£8.75
Horseradish Mayo, Plum Tomatoes & Red Onions.		

OPEN SANDWICHES

Served from 10am - 4pm

(GF/G, D, C, S, Sb)	
Atlantic Prawn	£10.20
Thick Granary Bread, Dill Mayonnaise, Pickled Vegetables, Capers & Little Gem Lettuce.	
(GF/G, D, Mt, SS, N, S, Ss, Sb, Ve)	
Mediterranean	£8.75
Thick Granary Bread, Hummus, Roasted Peppers, Cherry Tomatoes, Red Onion, Balsamic Glaze & Rocket.	

CHILDREN’S

Served from 12pm - 3pm

(V, Cl, D, G, S)	
Pork or Veggie Bangers & Mash	£6.20
Served with Baked Beans.	
(D, G, Cl, S)	
Tomato Pasta	£6.20
Rigatoni, Fresh Tomato Sauce & Grated Cheese.	
(D, G, E, S)	
Lunch Box (Available 10am - 4pm)	£5.95
Ham or Cheese Sandwich, Piece of Fruit, Crisps, Sweet Treat & Fresh Apple or Orange Juice Carton.	

LUNCH

Served from 12pm - 3pm

MAINS

(GF/G, F, M, C, D, CL)	
Seafood Chowder	£12.75
Smoked North Sea Fish, Clams, Mussels, Flat Leaf Parsley & Warm Bread Roll.	
(G, S, D)	
Beef Ragu	£12.25
Slow Cooked Brisket, Smoked Bacon, Rigatoni Pasta, Parmesan.	
(Ve, N, CL, Sb, Mt)	
Homemade Mushroom & Walnut Pâté	£10.20
Celeriac Remoulade, Kimchi, Sourdough Toast.	
(V, Cl, D)	
Spring Pea & Mint Risotto	£11.75
Goats Cheese, Herb Oil. (Vegan & dairy free available upon request)	
(G, D, Sb, E, Mt)	
Ploughman’s Lunch	£12.20
Pork Pie, Mature Cheddar Cheese, Pickles, Chutney, Apple & Farmhouse Bread.	
(V, G, D, Sb, E, Mt)	
Veggie Ploughman’s Lunch	£12.20
Vegetarian Sausage Roll, Mature Cheddar Cheese, Pickles, Chutney, Apple & Farmhouse Bread.	
(G, D, V, S, Mt, Cl, Sb)	
Welsh Rarebit	£10.20
Mature Cheddar Cheese, Beer, Homemade Chutney & Salad Leaves.	
With Bacon	£11.20

SIDES

Skinny Fries	£3.75
Mixed Salad	£3.50
Mixed Olives	£2.95
Bread Roll	£1.50

SUNDAY ROAST

Only available on Sundays

(D, E, G, S)	
Roast of the Day	£17.50
Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy.	
(Ve, GF, S, Cl)	
Vegan Roast of the Day	£16.95
Roast Potatoes, Seasonal Vegetables & Gravy.	
Vegan Small Plate	£12.20
Two Courses	£22.75
Roast of the day and either soup or any of our homemade puddings.	

PUDDINGS

Please ask a member of staff for today’s selection of homemade puddings.	
	From £7.20
(GF, E, D, S)	
Selection of Local Ice Cream	
Ask for today’s flavours.	
1 Scoop	£2.50
2 Scoops	£4.20
3 Scoops	£4.95

AFTERNOON TEA

Served from 2pm until 3.45 pm (2 people minimum). Booking recommended.	
	£20.50 per person
(D, E, F, G, Mt, N, S, Sb)	
Ham, Cheese Finger Sandwiches, Mini Open Atlantic Prawn Sandwich, Homemade Mini Scones with Tiptree Preserves & Cream, Swan Shortbread & Selection of Homemade Sweet Treats, served with Tea or Coffee.	
Quarter bottles Prosecco	£8.75

DRINKS

COFFEE - SUPPLIED BY LONTON COFFEE

All available decaffeinated, Soya & Oat Milk are also available.

Cafetière for 1	£4.25
Cafetière for 2	£5.85
Americano (available iced)	£3.50
Flat White	£3.75
Cappuccino	£3.95
Latte (available iced)	£3.95
Long Black	£3.95
Mocha	£3.95
Espresso	£2.75
Double Espresso	£3.50
Flavoured Syrup Shots	50p
Babyccino	£1.50

TEA – SUPPLIED BY BREW TEA CO

English Breakfast	£2.95
Decaffeinated Ceylon	£2.95
Earl Grey	£2.95
Yunnan Green	£2.95
Moroccan Mint	£2.95
Lemon & Ginger	£2.95
Apple & Blackberry	£2.95

HOT CHOCOLATE

Hot Chocolate	£3.50
With Cream	£3.75
With Marshmallows	£3.75
With Cream and Marshmallows	£3.95

MINERAL WATERS

Harrogate Spring Water™	£2.50
Still or Sparkling	

SOFT DRINKS

Coke™/Diet Coke™	£2.95
Fresh Orange Juice	£2.85
Fresh Apple Juice	£2.85
Fruit Shoot™	£2.25
Orange or Blackcurrant Squash	£1.75
Semi Skimmed Milk	£1.75
Fever-Tree™ Tonic Water	£2.15

TRADITIONALLY BREWED FENTIMANS

Victorian Lemonade	£3.20
Rose Lemonade	£3.20
Mandarin and Seville Orange	£3.20
Traditional Ginger Beer	£3.20
Dandelion & Burdock	£3.20
Wild English Elderflower	£3.20

BEERS & CIDERS

Doom Bar (4.3%, 500ml)	£4.75
Birra Moretti (4.6%, 330ml)	£4.50
McColls Brewery Session IPA (440ml)	£4.80
McColls Brewery Pilsner (440ml)	£4.50
Magners (4.5%, 568ml)	£4.75
Heineken Alcohol Free (0.0%, 330ml)	£3.90

THE BOWES G & T

Tanqueray Gin	£6.50
Perfectly Blended with Fever-Tree Tonic, Ice, Lime	
Double up for £2.75 extra.	

WINE

WHITE WINE

	175ml	Bottle
Chardonnay, 2022, 13.5% <i>Domaine de Montmarin, Languedoc, France</i> Fresh apple characters, crisp acidity with a clean & refreshing finish.	£5.90	£22.95
Sauvignon Blanc, 2022, 13% <i>Franschhoek Cellar ‘Statue de Femme’, South Africa</i> Tropical aromas, gentle coated acidity with a fresh finish.	£6.50	£24.95

RÓSE WINE

	175ml	Bottle
Pinot Grigio, 2021, 12% <i>Cielo, Italy (Vegan)</i> Light, salmon pink in colour with an enchanting nose & summer fruit flavours.	£5.90	£21.95

RED WINE

	175ml	Bottle
Merlot, 2020, 14% <i>Domaine de Montmarin, Languedoc, France</i> Abundance of ripe plum & red cherry fruit. Smooth with impressive fruit purity.	£5.90	£22.95
Malbec, 2020, 13.5% <i>Kaiken, Mendoza, Argentina</i> Rich & dark with black cherry & liquorice. Smooth tannins & long finish.	£6.75	£24.95

SPARKLING WINE

	1/4 Bottle	Bottle
Terre di Sant’ Alberto Prosecco, DOC, NV 11% <i>Veneto, Italy</i> Delicate with apple, peach & apricot with a touch of honey.	£8.75	£26.75

CHAMPAGNE

	1/2 Bottle	Bottle
Jacques Boncoeur 12% <i>Brut NV</i> Dry in style with classic apple & citrus fruit flavours.	£26.50	£46.00

125ml glasses of wine are available. Please ask for prices.